



3 Unique Local Delicacies from Shinshu

Traditional local insect dishes have become a premium product.

Locust	480JPY
Bee larvae	680JPY
Stonefly larvae	780JPY



Shinshu Salmon sashimi 780JPY

River Fish Dishes

Grilled Ayu sweet fish with salt 780JPY

Grilled Char with salt 880JPY



Char

Grilled skewers



Assorted grilled skewers (8skewers) 980JPY



Horse Dishes

Horse lean red-meat sashimi	980JPY
Horse neck-fatty sashimi	980JPY
Horse fat-marbled sashimi	1,580JPY
Assorted horse sashimi including lean (fatty and marbled meat)	2,500JPY



“Gibier” Game Dishes

*Game dishes include boar and deer and fowl

Miso-roasted game with bamboo leaves 1,580JPY

Highland vegetables from Sinshu



Shinshu highland vegetable salad 880JPY

(The lettuce and celery used in our salads are grown in Shinshu, the top producer of lettuce and celery in Japan)

Deep-fried Dishes with Food Farmed in Shinshu



Nozawana-na pickle croquette 580JPY

Deep-fried fresh water river shrimp 580JPY

Meal · Dessert

Grilled rice ball 2 pieces 500 JPY (Miso or soy sauce)

Hand-made Togakushi soba noodles 800JPY